



ART CAFE WORKSHOPS

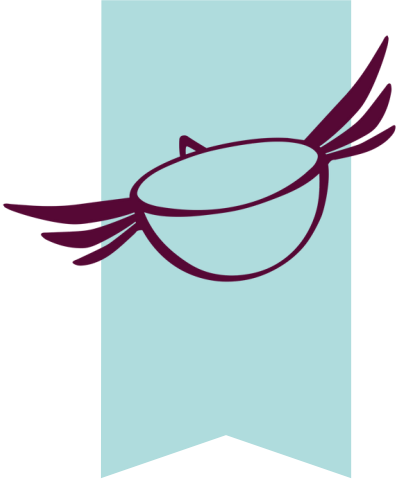
FLYING CAFE- TOOLBOX

WHAT
workshop in a
museum/gallery

FOR WHOM
youth, educators,
youth workers,

WHY
self-expression, art of
discussion, reflection,





Art Café is an interactive and non-judgemental formula of getting groups of people through art exhibitions with more questions on the way out than in.

BACKGROUND

It was designed by the moderators of Socrates Café Kraków in 2018, tested a few times in MOCAK Museum of Contemporary Art in Kraków, then empowered and written down in this booklet by Nausika Educational Foundation within their ESC project “Flying Cafe”.





3 hours session, 3 - 8 facilitators
 10 - 50 participants, 5 - 8 per group
 20 min - introduction
 2 hours - Art Café
 40 min - debriefing



THE FORMULA

The participants walk across the art exhibition in groups of 5-8 people, stop at particular art pieces or part of the exhibition and talk according to the following formula:

1. Speak per "you" to each other
2. Use simple and natural language
3. Be subjective and express private impressions
4. There are no correct or incorrect opinions
5. Don't judge what others say
6. Don't recall any authorities or aesthetic theories
7. Don't read the flyers and explanation plates



GOALS

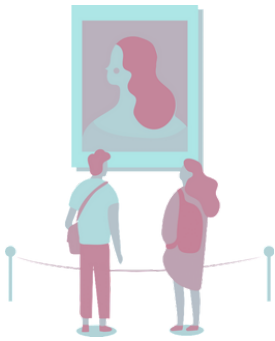
1. Lure first-timers to local art museums and exhibitions
2. Rediscover the art pieces with those who had already seen them
3. Make the reception of art more inclusive and approachable
4. Suspend the fear of being criticized for incorrect interpretation of art (a bad habit from the school, most of us have it, unfortunately)
5. Empower competences of discussion, expressing opinions, accepting diversity, asking questions, opening stereotypes
6. Tighten cooperation and the feeling of community between the Organizers, Institutions and Participants





THREE SIDES BENEFITS

- the **Organizers** use the resources of local public institutions to launch an attractive event with little or no costs, get to know more people and stakeholders
- the **Institution** receives free promotion and moderation from the organizers, expand their target group of visitors and report it to their supervisors
- the **Participants** experience the cultural offer of their city in a fresh, interactive way, get an alibi to visit a museum, learn more inclusive reception of art



HOW TO START

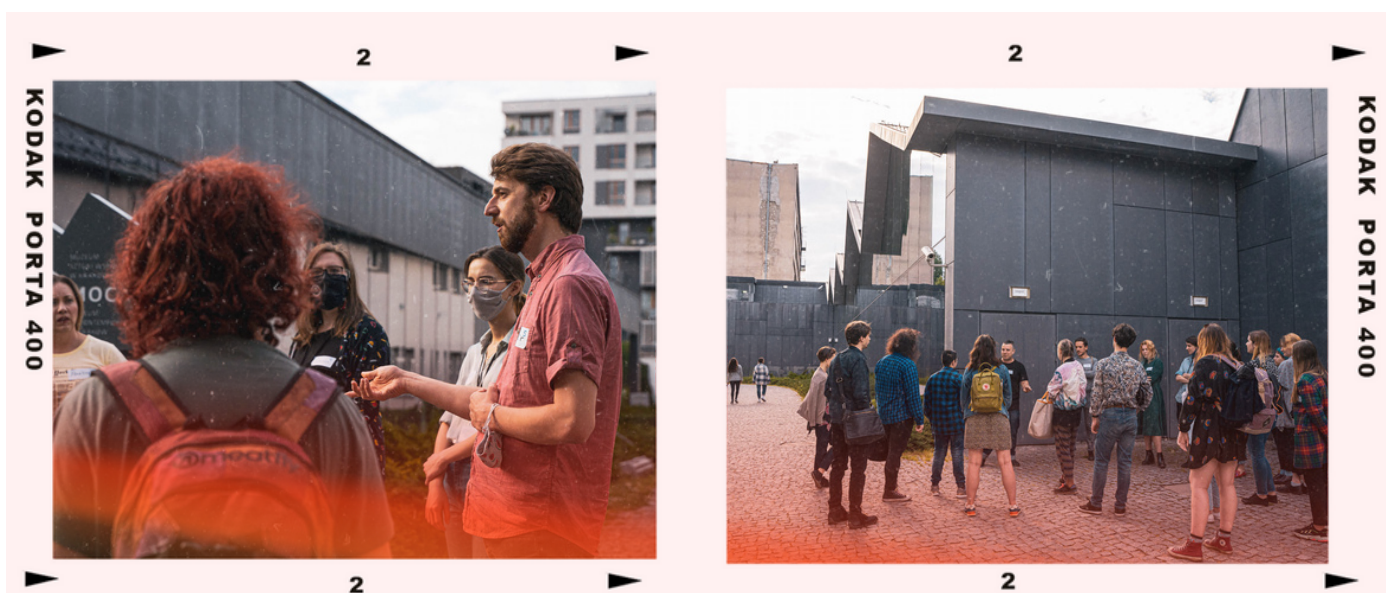
1. Read this scenario
2. Choose the appropriate Museum or Art Gallery in your city
3. Go there with this paper and show it to the personnel
4. Agree on the date, divide tasks and responsibilities
5. Promote the event, try to include new audience





BEFORE THE DAY OF THE EVENT

- 1. Count the expected number of Participants. They should discover the Museum in groups of 5-8 people. There might be groups speaking in different languages, but each group must speak one selected language.**
- 2. Prepare the Guides, who will lead the groups in the Museum, according to the languages selected for the groups. They don't need to be experts in art, but they should feel comfortable speaking about art.**
- 3. Prepare the Plan of walking in the Museum - in what particular places should the Groups stop and talk? how many places? what's the walking order? (prepare this with the Hosts in advance, to avoid confusion during the event).**





DURING THE DAY OF THE EVENT

1. Make the Guides visible and distinguishable (colorful umbrella, sign on a stick, or whatever). You may give them different colors - Blue guide for the Blue group, etc.
2. Welcome the Participants in a clearly visible spot.
3. Explain to them the basic rules and safety conditions (the Art Cafe Formula will be explained later by the Guides in the Groups).
4. Tell them the exact time and place where you meet for Debriefing.
5. Divide them into Groups and make them depart one after another with their Guides.
6. Follow the Groups and make them good quality photos while they look and point at some art pieces, they will appreciate it afterwards.
7. Wait for the Participants in the Debriefing place and lead the closing discussion there.



INSTRUCTIONS FOR THE GUIDES

1. Be relaxed or show that you are relaxed.
2. Read aloud the Formula once or twice before your group starts talking about the first piece of art; wait for their questions.
3. Lead the Group according to the Plan prepared by the organizers.
4. At each stopping point, ask the Participants for their feelings and thoughts about the selected piece of art or part of the exhibition. Encourage them to speak, but don't force them. You can also speak, but only subjectively - don't give lectures, don't pass knowledge, ask questions instead of solving them
5. Take care of the time, try to visit all points included in the Plan and then arrive on time at the Debriefing place.





DEBRIEFING

1. Gather the Participants, congratulate them for coming and passing this experience.
2. Ask some questions about the experience in Particulars groups: which was their favorite stop? did their Guides keep to the Art Cafe formula? what was the most controversial thing they have said or discovered? what would they change in the Art Cafe formula if they run the event again?
3. Ask who wants to organize another Art Cafe. Maybe in a different place or in the same place once new exhibitions come? Be open, positive and spread the idea!





SCENARIO BY



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Latająca Kawiarnia



Latająca Kawiarnia/Flying Café is a Kraków community of educators, activists, artists, and freelancers. It consists of a series of workshops. Topics are determined during subsequent events and on FB group. They vary from body awareness, arts, storytelling, theater, larp, improvisation, public speaking, game design to climat education and academic research. Members conduct and test their own workshops or order their dream training from professional teachers. They also create and test games and educational tools. The meetings are financed by Nausika Educational Foundation from the funds of the European Solidarity Corps. If you want to join or just contact us write on biuro@nausika.eu



Latająca Kawiarnia

